

***SY 2023-2024 Head Start Breakfast Menu
St. Johns County School District***

Monday	Tuesday	Wednesday	Thursday	Friday
Assorted Fruit Cereal & Toast Variety of Milk	Apple or Orange Juice Eggstravaganza & Toast Variety of Milk	Assorted Fruit French Toast Sticks Variety of Milk	Apple or Orange Juice Egg & Cheese Biscuit Variety of Milk	Assorted Fruit Cereal & Toast Variety of Milk

"This institution is an equal opportunity provider."

Choice of Milk:

Fat Free or Low Fat (1%) Unflavored Milk

Choice of Headstart Cereals

Reduced Sugar Cinnamon Toast Crunch, Chex, Froot Loops, Frosted Flakes

*** Menu cycles every week**